

# Anna's Childcare Typical Daily Activity and Dual Language Learning

# **Dual language Learning (WAC 110-300-0305)**

We do introduce Spanish as a dual language in our center.

# Typical Daily Activity Schedule (WAC 110-300-0360, 0295, 0296)

# **Typical Daily Routines**

- Arrival and Greeting
- © Breakfast and clean up
- Bathroom and/or diaper change and hand washing
- © Circle time (including calendar, songs, finger plays, story time etc.)
- Arts and crafts or other learning activities
- Bathroom and/or diaper change and hand washing
- © Outdoor play (weather permitting) or other large muscle activity
- Hand washing
- © Lunch and clean up
- Nap time
- © Bathroom and/or diaper change and hand washing
- © Snack and clean up
- Free play
- © Calm down time and TV/VCR Children's programs (Some Fridays)

Note Bathroom and /or diaper change times vary to meet the child's needs. This is a general schedule and is dictated mostly by the children's needs and feelings each day.

# Screen Time Usage (WAC 110-300-0155)

Children do use screen time (television, videos, or computers) for educational purposes at our program in accordance with (WAC 110-300-0155)

Learning videos on the tablet one hour a day.

# Outdoor activities (WAC 110-300-0147)

Our facility offers an outdoor program daily for all children enrolled except during the following conditions:

(a) Heat in excess of 100 degrees Fahrenheit or pursuant to advice of the local authority;

- (b) Cold less than 20 degrees Fahrenheit, or pursuant to advice of the local authority;
- (c) Lightning storm, tornado, hurricane, or flooding if there is immediate or likely danger;
- (d) Earthquakes;
- (e) Air quality emergency ordered by a local or state authority on air quality or public health;
- (f) Lockdown notification ordered by a public safety authority; and
- (g) Other similar incidents.

Children must have appropriate clothing for outdoor activities during days that may be hot, rainy and cold;

# **Napping/ sleeping (WAC 110-300-0265)**

A rest period will be offered for all children under five years of age, who remain in care for more than six hours or show a need to rest. Alternative quiet activities will be available for those children who are unable to nap or who no longer need a nap. No child will be forced to sleep/nap. We will work with you to discuss your child's sleep patterns and needs. We must allow infants and toddlers to follow individual sleep schedules.

## Mixed Age groups: (WAC 110-300-0357, 0450)

Grouping of all ages will be in the mornings before 7am and after 5pm.